

Cadet committee and team

but not an exhaustive list!

Cadet Rep
Lindsay Rainbow
Sits on general and sailing committee

Adult activities, support and training
Rupert Snow

Groups leaders
Stingrays - Adam Clark
Piranhas - TBC
Barracudas Andras Gal and Mark Dell
Sharks – Scott Weller
TOPS – Rob Graves

Social committee

RYA Principle
Martin Swindon
SSI Adam Smith
Senior Instructor
Andras Gal
Dinghy instructor
Sam Weller, Sam Blaker, Tim Allen
Power boat instructors
Scott Weller, Martin Swindon

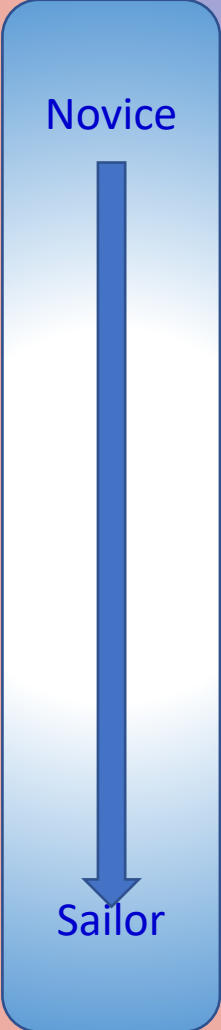
Cadets
Parents
Members



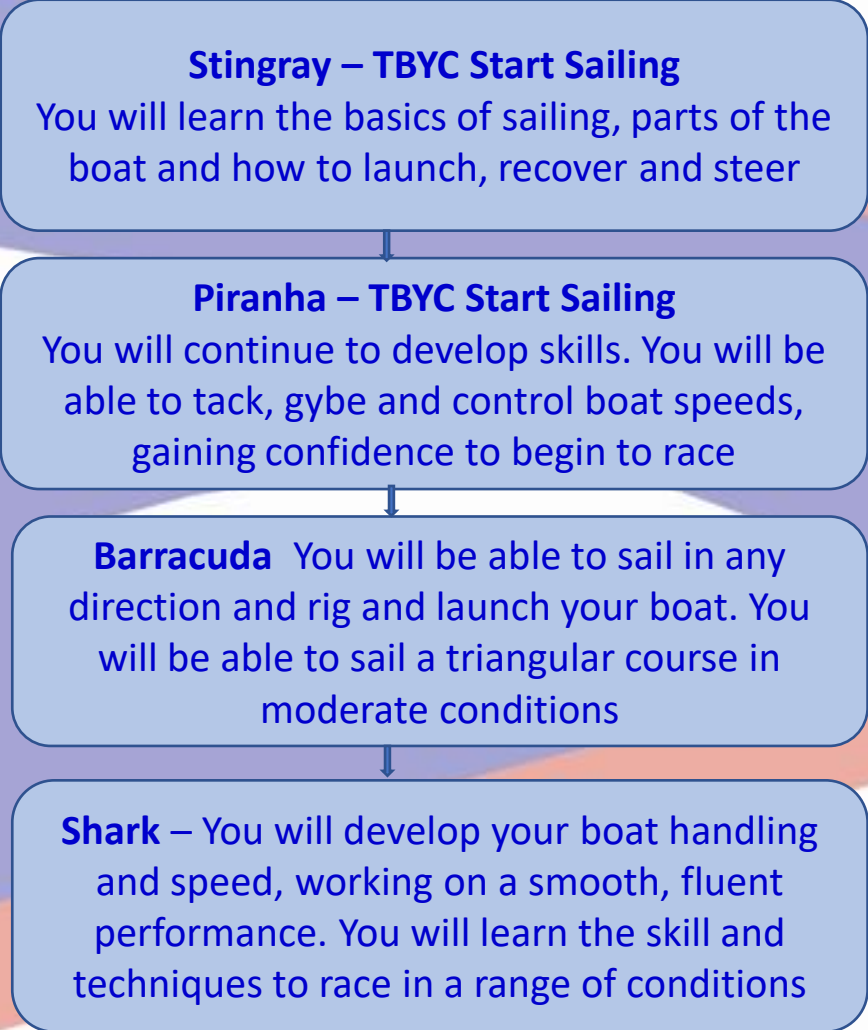
TBYC SAILING PATHWAY



Experience



Cadet Groups



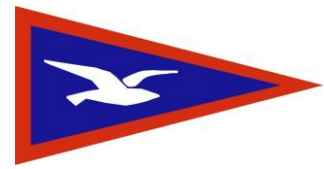
RYA Courses



Member development



CADET GROUPS

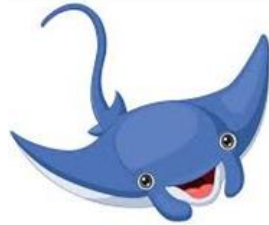


I AM A STINGRAY!

- I am in primary school
- I am starting to learn a new sport
- I love having fun on the beach
- I enjoy sailing close to shore

Class of boat sailed

- OPTIMIST



I AM A PIRAHNA!

- I may have tried sailing before and want to improve my skills
- I would like some adventure
- I would like to try some racing as I build confidence

Classes of boat sailed

- TERA SPORT
- OPTIMIST
- PICO



I AM A SHARK!

- I have left primary school
- I am a confident sailor with experience
- I own or have access to my own boat
- I enjoy competing and regularly sail

Classes of boat sailed

- TERA PRO
- PICO RACE
- ILCA 4 (4.7), ILCA 6 (RADIAL), ILCA 7 (FULL)
- FEVA
- RS200
- 420

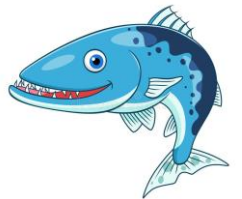


I AM A BARRACUDA!

- I can sail a course unaided
- I own or have access to my own boat
- I enjoy racing and want to improve.

Classes of boat sailed

- TERA SPORT
- TERA PRO
- PICO
- ILCA 4 (4.7)
- FEVA



TBYC START SAILING PATHWAY

Stingray, Piranha and Barracuda pathways unique to TBYC

Informal pathway – parents can complete too!

THORPE BAY YACHT CLUB



STINGRAY START SAILING LOG BOOK

The Start Sailing Scheme

The Thorpe Bay Yacht Club Start Sailing scheme makes learning to sail a fun and educational process. The syllabus is clearly defined and presented in three separate log books that are used to record and recognise the achievements of the participants' progress through each of the stages.

The club uses a purpose designed scheme more suitable for estuary sailing which is open to all members of any age who wish to learn the essential skills of tidal sailing and seamanship in a controlled and safe manner.

The aim is to encourage more of the youth of the club as well as parents to enjoy sailing and ultimately to be more involved in the club sailing programme. Parental support and encouragement is essential for the younger sailors.

All participants learn at their own pace in small groups using practical teaching methods. Each section of the course will be signed off when the student can demonstrate a practical knowledge of the section whilst being taught.

The team of instructors are all club members and work on a voluntary basis.

A parent or recognised guardian must be on the beach at all times during beach/water tuition for those cadets taking part in the course.

Name.....

THORPE BAY YACHT CLUB START SAILING LOG BOOK - STINGRAY

	ACHIEVED		
	1ST	2ND	3RD
Clothing and personal safety equipment			
Knows to wear buoyancy aid at all times	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Knows to wear wetsuit and boots at all times	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rigging and ropework			
Can rig an Oppie	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Can tie a figure of eight, double overhand knot and cleat a rope	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Elements, wind and tide			
Can identify the direction of the wind	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Can place boat head to wind	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Can explain the direction of incoming and outgoing tide	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Launching and landing			
Crosses road with an adult	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
In pairs, can pull an Oppie into the water and retrieve trolley	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Practical sailing and seamanship			
Knows why and how to use the tiller extension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Knows the proper technique to sheet in whilst holding the tiller extension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Can tack confidently using the tiller extension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Can gybe confidently using the tiller extension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Basic understanding of the points of sail	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Five essentials - Beginning to			
Understand balance; to sit opposite the sail and how to use toe straps when required	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understand boat trim; sits in the middle of the boat fore and aft (not too far backwards)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understand sail trim; knows how to trim using the mainsheet and when to trim in or out	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understand centreboard; understands its purpose and when to adjust it	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understand course made good; can sail in the desired direction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

THORPE BAY YACHT CLUB START SAILING LOG BOOK-STINGRAY

	ACHIEVED		
	1ST	2ND	3RD
Capsize recovery			
Knows what to do upon capsizing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Confident enough to stay calm upon capsizing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has practiced capsizing under adult supervision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Safety			
Understands importance of keeping hands and arms inside the boat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Knows the importance of trying to avoid collisions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Free sailing			
Can sail single handedly around the stingray area under confident control	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comfortable being in the boat alone for duration of the session	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Can sail upwind, downwind	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Can tack and gybe	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Transition to piranhas			
Can single handedly sail beyond the stingray area confidently	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Join piranhas session in an Oppie on a light wind day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Begin transition into terra	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Thorpe Bay Yacht Club Start Sailing

Stingray Certificate



Certificate of Achievement

This is to certify that

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Has completed the TBYC Start Sailing
Stingray Pathway

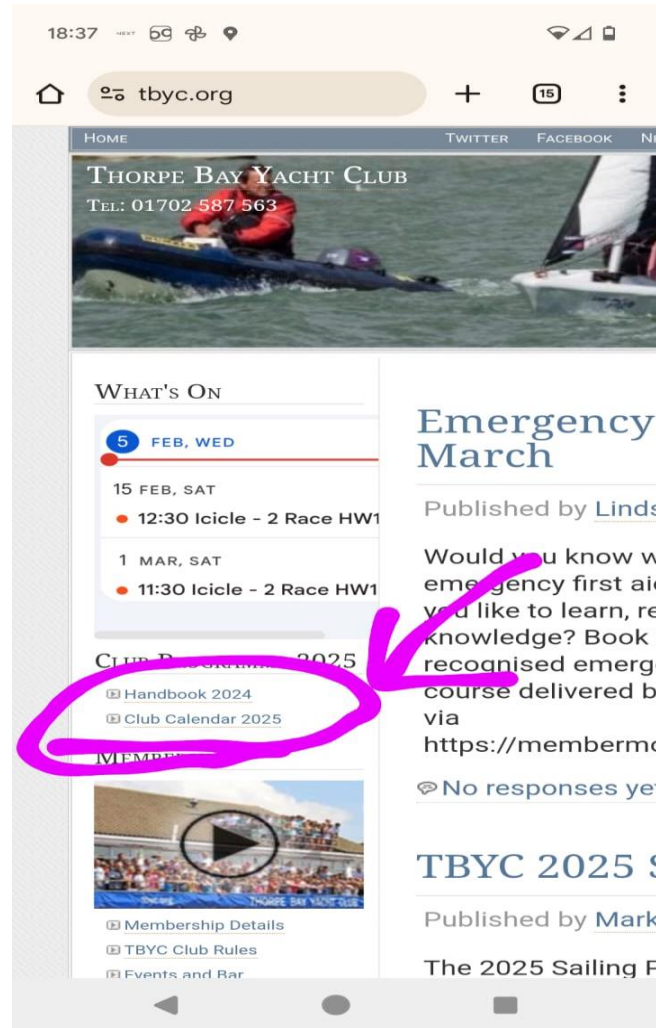
Date.....

Signed.....

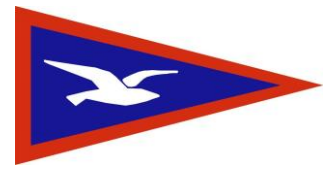
Dates for your diary

2025 program is now live on the website to find

- Cadet training
- TOPS dates
- Cadet night
- RYA courses
- Club racing
- Social dates



Cadet section and club boats will be updated in due course over the next month or so



Club boats

Booking system for loan

<https://www.tbyc.org/club-boats/>

12 plus Oppies

6 Picos

Booking required for

1 feva

1 tera

1 laser



SAVE THE DATES

TBYC CADET NIGHTS

13th February - *Relaxed session*

13th March

10th April

8th May

12th June

10th July

7th August

11th September

9th October

13th November

11th December

5-8pm

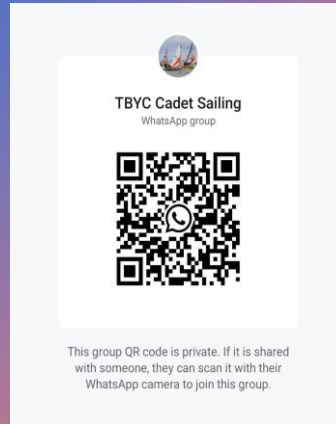
**Food available 5.30-6.30pm
(pre-order required)**

**Cadets - £7
Adults - £10**

Vegetarian option available



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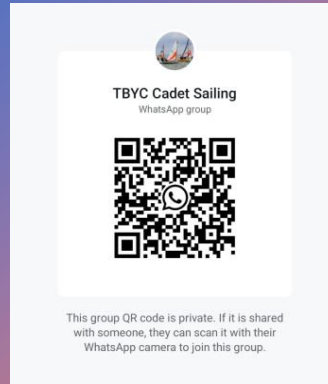
Where to find information

- Connect with a team member
- Website www.tbyc.org
- TBYC Facebook page
- Join the TBYC Cadet Sailing WhatsApp Channel
- <https://www.tbyc.org/safeguarding/>





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Next dates

- 22nd Feb Club work party
- 1st March RYA VHF course
- 1&2nd March Tera Winter training
- 13th March Cadet night

